



CREATIVE CABIN

SPACE TO EXPLORE

SOUNDS AND LISTENING

MOBILES

Hang objects of different weights, sizes and materials from a pole, tree branch or washing line.

You could use natural items collected on a walk or around the garden: sticks, pine cones, feathers, seed heads, stones (especially those with a hole through them for easy hanging), leaves, feathers...

You could also use metal objects (cutlery, kitchen utensils etc.) as well as sticks, shells and stones to make a wind chime.

RAIN MUSIC

Place a range of different containers and hollow objects out in the rain (washing up bowl, saucepan, empty milk bottle, baking tray, upturned clay flower pot, open umbrella etc).

Listen to the sounds they make as the rain drops land on them.

You can also try holding the objects over your head or near your ear to better hear the different sounds. Perhaps the sound changes as more rain gathers inside the objects.

Alternatively as you go along a rainy walk, stop and stand still every now and again and listen to the sounds of the rain as it lands on different surfaces.

LISTEN ALL AROUND YOU

Find a comfortable place to sit and close your eyes (it doesn't have to be sunny for this but it is lovely to sit with the sun on your face).

Listen to the sounds around you. Maybe count how many different sounds you notice in a minute or 5 minutes. Are the sounds loud or quiet? Near or far? Which direction are they coming from?

You could even draw a map of the sounds as you hear them.

Mark a cross in the middle of the map for where you are sitting and draw symbols to represent the sounds in front, behind, to the left or to the right of you.